

# Passenger Picks

www.PassengerPicks.com

Val Kegel – PassengerPicks@Gmail.com

## About My Hobby:

I'm Val Kegel, and my goal is to add value to your vacation experience. I've been flying Cayman turnaround for 10 years now. During that time I've asked hundreds of passengers' 4 questions:



- Where did you stay on the island?
- What businesses gave you the best service?
- What was your favorite restaurant experience?
- What was your favorite activity you would like to do again?

Their opinions are printed here. I love my passengers... they always tell you "what's hot and what's not!" They've given such good advice I had to share it; thus this Fun Fact Sheet, which led to [passengerpicks.com](http://passengerpicks.com). You can only put so much on 1 page! Please pay your experience forward at [passengerpicks.com](http://passengerpicks.com) & place comments on "Island Buzz", & add pictures to my *Pinterest* boards.

## General Advice:

- Check out [Passengerpicks.com](http://Passengerpicks.com) for latest specials, 10% off deals, & download **Cayman Visitor App**.
- Plan **George town** shopping days opposite cruise ship schedules at [www.caymanport.com/shipschedules.php](http://www.caymanport.com/shipschedules.php)
- Passengers love **Budget** rent a car & **Apex** rent a car.
- FLOW** - Free Wi-Fi at GCM airport and at Camana Bay!
- Turn off smart phones, or place on airplane mode to avoid expensive roaming charges. Use the Cayman Visitor App.
- At baggage claim get *Key to Cayman, Cayman Activity Guide, Explore Cayman, What's Hot, & Good Taste*.
- Most restaurants add 15% gratuity to your bill.
- Best Wedding boutique lodging: **Caribbean Club**.

## No Car? No Worries!

- Public transportation is easy: look for vans w/blue & white plates \$2.50US or \$2.00CI. Just raise your hand!
- Taxi rates \$\$, go to Transportation at [passengerpicks.com](http://passengerpicks.com)
- Most excursions will pick-up Seven Mile Beach guests.
- Got an Airport Wait?* Walk to **George Town Yacht Club** enjoy good food, boats, water setting! Van will pick ya up!
- East End - **Tukka** picks up at *Morrits, Reef, Compass Pt.*
- Cayman Private Charters** sunset sail from Camana Bay Mon-Sat 5:15p \$39 US cash bar. 926-2722.

## Top Mini Trips:

- Monday Red Sail** \$5US pp catamaran Safe Haven to Rum Point Club for famous Beach BBQ.(add.\$) (876) 506-6368
- Tuesday** Take water taxi out of Camana Bay to Kaibo for BBQ. The band (Bona Fide) amazing! (345) 947-9975
- Wednesday Camana Bay Farmers/Artisans Market** 12-7

- Friday – Sea Sessions** @Pedro Castle, Rum Tasting, BBQ
- Sunset 4 course dinner sail w/**Red Sail** @Westin 623-5965
- Turtle Farm**: 30-acre marine theme park, sea turtles (WB)
- Camana Bay**: lively town just minutes east of 7MB thriving with fine food, entertainment, fashion and fun.
- Caybrew** - Brewery you can tour. Free Beer!
- Cayman Spirits Company**–2 for 1 spirits/tours 925-5379
- Culinary tour**. Walk top eateries w/**Flavour Tour** (Wed) in Camana Bay \$89CI pp 640-9492;
- Cayman in a Nutshell** tour: Rays, Turtles, Hell, lunch, \$99; also Water Taxi: Camana Bay-Rum Pt. yellow boat 945-6975

## Shopping:

- Kirk Freeport** – The best reputation on the island for fine jewelry, watches and perfumes. Excellent! (GT) (7MB)
- Craft Market** when ships r in, local arts/crafts/produce. (GT)
- NKY Collections**, Soles Shoe, Polo by NKY, 5<sup>th</sup> on Seven
- Tortuga Rum Factory** – best rum cakes in the world.
- Bon Vivant** – quality kitchen ware and culinary events (CB).
- Cayman Sea Salt** a favorite, try their new almonds, wow!!
- Diver's Supply** - Dive gear & supplies, beach wear (7MB).
- Funky Monkey**–great beach to street unique styles, (7MB)
- Sand Angels** - lifestyle wear; **Little & Active Angels** (CB)
- Silhouette**–premier intimate lingerie apparel boutique (CB)
- Bedside Manor** - a favorite store at Camana Bay 10% off
- Ted Green Fragrances**-Banana Orchid a fav,@ fine stores
- Cayman Scents** creams/soaps; **Celebrations** floral supply
- Cayman Pepper Patch** – amazing pepper jelly!
- Waterman**-Kiteboard & surf sportswear/gear; **Blue Wave** great T-shirts & bags!; **Too Hot; Para de sol**.
- Wine School 3** – great wines, great price, near airport.
- Seven Fathoms Rum** - Only rum distilled on island. Tours
- Pure Art** –great local art/gifts; **Wreck View Art** cigars (EE)

## Beauty/Spa/Fitness:

- Spa Esprit**–hair & beauty day spa (7MB); **Spa de Soul Intl** fab full service (7MB); **Body Works** full service spa (7MB); **Eclipse** great full service (CB); **Hibiscus Spa** @Westin; **Le Visage**-luxury cosmetics/skincare boutique (CB).
- Personal Fitness-Bliss** terrific yoga; Private yoga at **Sea and Sand** Boutique; **Perfectly Pampered** spa will go to u!

## Top Attractions/Activities:

- World Famous Stingray City**– in 2'-6' of water, or a 12' dive, everyone-w/ or w/o snorkel swim, feed, kiss friendly So. Atlantic stingrays. *Book pm to miss cruise ship crowds.* **Captain Marvin's** boat w/restroom, photographer burns CD on boat -10%; **Red Sail Sports** breakfast w/Rays beat crowds; **Action Water Sports** jet ski to Rays fast; **Cayman Snorkel Co**-private family Ray trip; **Six Senses** early bird w/Rays Bio bay, Eco tour; **Acquarius, Tours Cayman**
- Stingray/Starfish & Caves tour**: +Kaibo lunch. 945-7306.
- Paradise Sailing & Snorkeling** – Stingray City + 3 other stops + seafood or pasta lunch Mon-Sat 9:30-2:30 \$99 US
- Red Sail** - Wave Runner Safari super fun! (345) 623-5965.

- Snuba**–safe dive w/o cert Cali wreck, tons of fish 926-0008.
- Cayman Stand Up Paddle Co** – SUP training & rentals.
- QEII Botanic Park** 947-9462 (NS), lovely gardens/culture!
- Pedro St.James Castle** (BT) glorious views/Cayman history
- Go To Hell**: West Bay, mail post card from Hell post office
- Jolly Roger**– pirate ship sunset sails ea M,W,F, 922-9922
- White Sand Water Sports** East end assorted excursions!
- Parasail-Salt Water Sports** jet ski, fly board @Royal Palms
- Crystal Caves** – 3 spectacular caves! 925-3001 (NS)
- Bioluminescence Tours** - enchanting underwater light display by plants/creatures under stars. **Cayman Kayak** for a wonderful kayak ride or electric boat from Rum Point.
- Mangrove & Sea Grass Snorkel Tour**- experience beautiful mangrove forests w/**Cayman Sea Elements** 10% off.
- Paddleboarding** – **Vitamin Sea** lessons at the Seafire.
- Kite Surfing** - **Kite Surf Cayman** lessons via **Waterman, Kite Surf Hurricane** - lessons & equipment.
- Cayman Spirits Company**–2 for 1 spirits/tours 925-5379
- Bicycle Rental: West Bay Loop**(7MB); **Eco Rides Cayman**
- Cayman Segway Tours** (7MB); **White House** (BT)
- Beach horseback - Spirit of the West; Pampered Ponies**
- Kittiwake** – Decomm. US naval ship sunk off 7MB 1/5/11, Snorkel@15', dive@50', "World's 16 Best Wreck Dives".

## Diving/Snorkeling:

- Recommended Dive Operators - Dive Tech** (WB) well organized technical divers, kids diving, world class shore diving at **Lighthouse Point**. **Living the Dream Divers** full valet Liz & Gary personalize it (7MB); **Red Sail Sports** many locations. **Eden Rock** Silversides in summer (GT); **Divers Down** 20 year pros w/trips to Kittiwake & walls (GT). **White Sand Water Sports** small group 8 pack max experience (EE); **Don Fosters** picks up, great rates w/Sergio or Cally-10% (GT); **Indepth Water Sports**; **Ocean Frontiers** at Compass Point Dive Resort (EE); **Indigo Divers** (WB); **Sunset Divers** (GT); **EPIC** (7MB)
  - Rent Dive Eqp Divers Supply; Eden Rock** home of Devil's Grotto & silversides. Great snorkel & diving
  - Best Dive Sites**–note: North Walls considered best.
    - ✓ **Babylon, Julie's Wall, Devils Grotto, Snapper Hole, Trinity Caves** - off the north end of 7MB.
    - ✓ Go to [passengerpicks.com](http://passengerpicks.com) for more dive sites.
  - Best Snorkeling** - **Eden Rock, Sunset House, Cobalt Coast, Light House Point Turtle Reef, Smith Cove beach, Treasure Island Beach, Rum Point, Pirates Inn, Cemetery Reef, Governor's Reef, Cheese Burger** Favorite Cayman Snorkel site: [snorkelblog.tumblr.com](http://snorkelblog.tumblr.com)
- ## Fishing/Private Charters:
- Captain Marvin's** –deep sea or reef fishing 10% off
  - Cayman Offshore Adventures** – private custom charters
  - Crystal Sea Charters**-Tukka chefs cook your catch for free!
  - Slackem Charters** 4-8-12 hour adventures/Off shore too
  - Beach 2 Beach Charters** – great boat custom tours.
  - Captain Herman** \$125CI/person 4 hrs. 917-3779 (EE)



www.PassengerPicks.com

Val Kegel – PassengerPicks@Gmail.com

### Family Friendly Pricing:

- **Cimboco** and **ChickenChicken** great food & prices (7MB)
- **Cayman Creperie & Lucky Slice**— kid friendly, coffee, smoothies, delicious crepes, hand-made pizza (GT)
- **Capt Herman** - Seaside grill, great local, best oxtail (EE)
- **Czech Inn Grill** - huge portions grilled Brie & goulash (BT)
- **Guy Harvey's** - \$9.99 meals all year long. Order a dinner course Sat/Sun & get 2nd entrée for \$1 (GT).
- **Eagle Rays** - Lion Fish tacos Fab! US pricing (EE)
- **Kurts Korner** - fish/chips Key lime pie cheese cake (NS)
- **Tortuga Rum Cake** w/CaymanActivityGuide 11%off cupn
- **Wok n Roll** Best Asian fair prices (7MB); **Lola** (CB) pricing starts less than \$7.95; **Bombay Chopsticks** (EE); **Italian Kitchen** (EE); **Heritage Kitchen** (WB); **Peppers** (7MB); **XQ's** (7MB)
- Best affordable ocean view **Alfresco's** (WB); **Over the Edge** (NS); **South Coast Bar and Grill** (EE)
- Supermarkets - Hot & Cold Food Bars at **Kirk Market** or **Fosters Food Fair** for a quick, reasonable take out.

### Top Dining:

- **Agua Restaurant** - Best seafood, superb ceviche, Tuna Tartar delicious. 2012 Taste of Cayman Winner! **10%off**.
- **Casanova** - Great Italian- awesome waterfront dining, new pizza oven, family friendly, ask for Tony (GT).
- **Catch**— great seafood @ Morgan's Harbor-waterfront **10%**
- **Copperfalls** - amazing service. Best steak you'll ever put in your mouth. Bartender Sergio: best on island (7MB).
- **Cracked Conch** - Great West Bay fine dining, awesome sunsets, excellent conch chowder.
- **Deckers**- All you can eat Lobster every Tues & Sat! (7MB)
- **Edoardo's** - best Italian food w/cozy feel -**10%** (7MB).
- **Fidel Murphy** Best Irish Stew & fish tacos. -**10%** (7MB).
- **Guy Harvey** - French strongly infused w/Caribbean. Chef personally selects fish daily serves lionfish. -**10%off** (GT)
- **Le Vele**—delicious new Italian grand ocean view **10%**(GT)
- **Lobster Pot**- favorite fish & lobster, lunch specials, unique conch fritters, fab ocean view, amazing food **10% off**. (GT)
- **Lola** - With freshness & flavor at the forefront, this trendy bistro is foodie lover's dream breakfast, lunch, dinner (CB)
- **Luca** – Everything made fresh from breads, to pastas, to desserts. Best wine selection on island. **10%off** (7MB)
- **Pappagallo** Outstanding service, great Italian food! -**10%**
- **Ragazzi**—loyal following-voted best pizza.great Italian-**10%**
- **Tukka**—Mixture of Caribbean/International dishes w/Aussie fusion twist. Dine on ocean front balcony or on beach (EE)
- **Prima** @Royal Palms - amazing Italian with a ocean view

- **Beach House** @ Westin private seating in sand favorite.
- **Casa 43** - Mexican Cantina &, Tequila Bar **10%** (7MB)
- **George Town Yacht Club** - enjoy good food, water view.
- **Wok n Roll**—tasty Asian w/family friendly \$ (7MB).
- **Best Indian/asian** - Bombay Chopsticks (EE); Southern Spice – authentic Indian; Sea Harvest @ Sunset House.
- **Calypso Grill** – good seafood, crab cakes, sticky toffee.
- **Abacus; Dukes; Lone Star; Craft; Mizu; Karoo; Urban Diner; Grand Old House** (GT); **Brasserie** (GT).
- **Island Grub**-Restaurant and grocery delivery to your door!

### Best Breakfast:

- **Cimboco**-5 items \$5 weekday special.**10% off** non special
- **Cayman Creperie**- delicious breakfast crepes, coffee (GT)
- **Eagle Rays** – eggs, bacon, juice, coffee, view \$10us (EE)
- **Island Naturals**—healthy choice gluten free vegan bfast.
- **Sunshine Grill** across fr Westin, breakfast burrito heaven
- **Cafe del Sol**-best coffee & internet café, great sandwiches
- **Coconut Joes** - good hash browns, across Marriott (7MB)
- **Lola** - Fabulous wraps & Crossfit Paleo Omelletel! (CB)
- **Icoa** (7MB); **Lauren's**(7MB), **Eats** (7MB); **West Bay Diner**

### Best Sunday Brunch:

- **Agua** – Outstanding Sunday brunch. Fresh, cold buffet w/lots of seafood, hot buffet, champagne or Bloody Marys.
- **Catch**-Newest waterfront brunch excellent! Morgan's Hrbr
- **Cayman Creperie**- George Town Yoga Vegan Brunch 9a.
- **Guy Harvey** - Has an awesome authentic local Caribbean brunch at a great price. George Town.
- **Luca** – A great Sunday choice. Beach views. More breakfast-type foods, with a more intricate menu (7MB).
- **Tukka** – Best East End brunch, p/u @ Royal Palms Sun.
- **Westin** - always a favorite, continues to wow the crowds.

### Best Desserts/Pastries:

- **Cayman Creperie**—fabulous crepes, sandwiches (GT).
- **Lola** - macaroons, artesian breads & designer cakes (CB).
- **Gelato & Co.**— daily fresh Italian ice cream & pastries (CB)
- **Peachwave** – frozen yogurt assorted toppings, x fr Westin
- **Petit Paris**— delic pastries, sandwiches, salads, soups (CB)
- Good bakeries: **Icoa, Kirk Market; Treats.**

### Best Deli and Vegan:

- **Best Deli: Kirk Market** great; **Bay Market** (CB); **Lola** (CB)
- **Best Pizza Casanova** (GT); **Ragazzi** **10%** (7MB); **XQ's** **10% off** (7MB); **Ginos** free deliv.(7MB); **Lucky Slice** BYOB (GT); **Light House; Bordens Pizza** (7MB).
- **Farmer's Market**: Wed @ Camana Bay, Sat @ Savannah
- **Vivo Café**—@Lighthouse Pt, tasty lionfish, healthy, (WB)
- **Saucha Vegan** Take out and Delivery 345-926-0508
- **Island Naturals Café**—vegan, vegetarian, gluten free! 7MB

- **Vegan & Gluten free menus - Agua, Bread & Chocolate Catch; Cracked Conch, Grand Old House, Green House; Guy Harvey, Sea Harvest, XQ's, Jessies Juice.**

### Local Cuisine:

- **Chicken Chicken** - family restaurant famous for delicious Caribbean Wood Roasted Chicken. **10%off**. (7MB)
- **Vivine's** (EE); **Alfresco's** (WB); **Peppers** (7MB); **Cayman Cabana** (GT); **Welly's Cool Spot** - Caribbean take out (GT)
- **Heritage Kitchen** - authentic Cayman fish fry - West Bay.
- **Chef John's BBQ** at 7MB and east end. Best BBQ sauce
- **MacDonalds-Escoveitch** chicken is famous! A must! (GT)

### Best Bar & Grill - Happy Hours:

- **Bar Crudo/Guy Harvey's**-Best happy hour 50% off! (GT)
- **Calico Jacks** - beach bar & volleyball, beautiful sunsets.
- **Cayman Cabana** has great local flair, sea/mac & cheese.
- **Coconut Joe's** – fabulous wings, great price. (7MB)
- **Eagle Ray's** – at Compass Pt. (East End), lion fish tacos.
- **Fidel Murphy** Best Irish Stew & Beer selection on tap (7MB)
- **Macabuca** – snorkel/lunch it with a relaxing ocean view. Excellent conch, best Fish & Chips on island (WB).
- **Outpost @ Pedro Castle** - best happy hour prices, views
- **Rackams** – best casual, ocean front, family friendly. Feed the Tarpon. Snorkel Cali Wreck off their ladder (GT) **10%**
- **South Coast Bar and Grill** - Best prices at Breakers.
- **Sunshine Grill** – good burgers & fish tacos, try *Pain Killer*.
- **Tortuga Beach Grill @ Westin** beach BBQ every Friday.
- **My Bar @Sunset House** (SS); **Tiki Beach Bar and Grill** (7MB); **West Indies Wine Company** (CB); **XQ's** (7MB);
- **Night Life** –Wharf Tues Night Salsa Bar **Crudo @Guy Harvey's** cigar bar (GT); **Barolo @Edoardo's** DJ Fri Nights. (7MB); **Royal Palms** try **Beergarita** (7MB); **Whisky Mist** (7MB). **Cayman Cabana** Soca Saturdays; **KARoo** (CB)

### Catering for Special Events

- **Saucha, Chef Lloyd, Mise en Place, Rent A Chef Remy, Kirk Market, Tukka** (EE) all do the best job.
- **Wedding/event planners**— **Celebrations; Island Weddings & Events;**

For much more info on everything in this *Fun Fact Sheet* plus more, go to [www.passengerpicks.com](http://www.passengerpicks.com).

### Emergencies:

**Chrissie Tomlinson Private Hospital:** 24 hour emergency facility w/on-site pharmacy, & follow-up wellness. **949-6066.**

**Disclaimer: Passenger Picks suggestions are not endorsed by Delta Airlines or Val Kegel, but by frequent visitors to Cayman Islands.**