

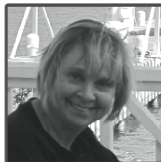
Passenger Picks*

www.PassengerPicks.com

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About My Hobby:

I'm Val Kegel, and my goal is to add value to your vacation experience. I've been flying Cayman turnarounds for 7 years now. During that time I've asked hundreds of passengers' 4 questions:



- Where did you stay on the island?
- What businesses gave you the best service?
- What was your favorite restaurant experience?
- What was your favorite activity you would like to do again?

Their opinions are printed here. I love my passengers... they always tell you "what's hot and what's not!" I've received such good advice; I had to share it; thus the beginning of this Fun Fact Sheet, which led to my website: passengerpicks.com. You can only put so much on one page! I only ask, please **pay your experience forward** by contacting me at passengerpicks.com & place comments on "Island Buzz", & add pictures to my *Pinterest* boards.

General Advice:

- Check out Passengerpicks.com for latest specials, 10% off deals, & download **Cayman Visitor App**.
- Plan **Georgetown** shopping days opposite cruise ship schedules at www.caymanport.com/shipschedules.php
- Sixt** rent a car – 10% discount - show this fun fact sheet.
- Andy's** rent a car – local owned w/frequent user disc.
- Passengers love **Budget** rent a car.
- Cayman Island Boat Rentals** – 4 different styles/sizes.
- Lime!** for local and long-distance calls in Cayman. Free Wi-Fi at GCM airport and Camana Bay!
- Turn off smart phones, or place on airplane mode to avoid expensive roaming charges. Use the Cayman Visitor App.
- At baggage claim get *Key to Cayman, Cayman Activity Guide, Explore Cayman, What's Hot, & Good Taste*.
- Personal Fitness-**Bliss** terrific yoga; **Life Extensions** 24/7 boutique gym; **Fitness & Aquatic Center** great kids progs
- Best Wedding boutique lodging: **Caribbean Club**.

No Car? No Worries!

- Public transportation is easy: look for vans w/blue & white plates \$2.50US or \$2.00CI. Just raise your hand!
- Taxi rates \$\$, go to Transportation at passengerpicks.com
- Most excursions will pick-up Seven Mile Beach guests.
- Got an Airport Wait?** Walk to **George Town Yacht Club** enjoy good food, boats, water & pool setting!
- East End - **Tukka** picks up at *Morrits, Reef, Compass Pt.*

- Cayman Private Charters** sails from Camana Bay- Tues. pm: *Kaibo* for BBQ/music, Wed.pm: for bioluminescence.
- Red Sail** has sunset sail to *Kaibo* from the Westin.

Top Mini Trips:

- Rum Point:** Drive, or Sail from Westin w/Red Sail/free, to Cayman's quiet north side Monday Night BBQ! Check out **Wreck Bar** for lunch & "Mud Slides" on the beach. Eat at **Kaibo Bar & Grill** (grilled mahi-mahi). Sail from Camana Bay w/Cayman Private Charters for Tuesday Night BBQ!
- Go To Hell:** West Bay, north of 7MB. Mail card from Hell post office! Out back see the 1000 yr. old calcareous rock.
- Queen Elizabeth II Botanic Park:** Nature and Beauty at its best. **Mastic Trail** another nature favorite.
- Turtle Farm** at Boatswains Beach: 30-acre marine theme park where sea turtles conservation is a priority.
- Camana Bay:** lively town just minutes east of 7MB thriving with fine food, entertainment, fashion and fun.
- Caybrew** - Brewery you can tour. FREE BEER! Try their newest brew: *White Tip*. Toni gives a great tour!
- 7 Fathoms Rum Distillery** tours get **10%off** Spirits/Tours.

Shopping:

- Kirk Freeport** – The best reputation on the island for fine jewelry, watches and perfumes. Excellent!
- Tortuga Rum Factory** – The best rum cakes in the world, hand glazed w/a ladle of oak barreled aged rum
- Cayman Sea Salt** a favorite their new almonds wow!!
- Premier Wine & Spirits**-best wines here. **10%off**(not beer)
- West Indies Wine Company** 80 brands of wine sip/shop!
- Seven Fathoms Rum** - Only rum distilled on island
- Celebrations, Every Bloomin' Thing, Pure Art.**
- Funky Monkey, Sand Angels, Caribbean Canvas** – good stores for beach to the street lifestyle wear.
- Blue Wave** – Great T shirts & beach wear. Downtown.
- Walk Good Cayman**—sandals, footwear, la Dolce Vita.
- Bedside Manor**-a must shop gift store at Camana Bay.
- Para De Sol** – really cute custom parasols 917-9825.
- Spa Esprit** – hair & beauty day spa. Across from Luca.
- Best Camera Buys** - **Cathy Church** beats many in price!

Top Attractions:

- World Famous Stingray City** – in 2'- 6' of water, or at a 12' dive site, everyone-w/ or w/o snorkel can feed, kiss & swim w/friendly Southern Atlantic stingrays. *Book pm miss cruise ship crowds.* **Captain Marvin's** boat w/restroom, photographer burns CD on boat. **Red Sail Sports** brkfast with rays & beat crowds. **Acquarius Sea Tours** visit rays in style w/Mario, free pizza, photos, fruit punch & gear! **Ebank Water Sports** gets u to rays fast via jet ski! **Tours Cayman** pick u up w/family friendly pricing, meet trained moray eel. **Paradise Sailing & Snorkeling** pick u up!

- Bioluminescence Tours** - enchanting underwater light display created by plants/creatures under the stars. **Sweet Spot** features family Bio Boat tour from Kaibo, don't miss the disco shrimp. **Cayman Kayak** a kayak ride from Rum Point. **Sea Elements** features a Bio Boat from Cayman Island Yacht Club/Governors Harbor, free pickup.
- Mangrove & Sea Grass Snorkel Tour** - experience beautiful mangrove forests w/**Cayman Sea Elements**
- Six Sense Eco Tours** Combines stingray city & Eco ed.
- Kite Surfing – Sweet Spot** and **Kite Surf Cayman**.
- Parasailing** - *Parasailing Professionals* at 916-2857.
- Spirit of the West** – Trek along the beach atop one of their magnificent horses, experience ride of a lifetime!
- Horseback Ride With Nikki** gives a history of the island.
- Families love to play **Crazy Golfing**, next to Deckers.
- Kittiwake** - Decommissioned US naval ship sunk off 7MB 1/5/11. Snorkel at 15', dive at 50'. Scuba Diving Mag's "World's 16 Best Wreck Dives". Book pm to avoid crowds.

Diving/Snorkeling:

- Recommended Dive Operators** - **Dive Tech** (West Bay) well organized outstanding technical divers, kids diving, world class shore diving at **Cobalt Coast Dive Resort**. **Ocean Frontiers** (East End) at **Compass Point Dive Resort**, enjoy full valet diving experience, take the Green Shorts challenge! **Sunset Divers** at **Sunset House**, great dive resort & home of Cathy Church Galleries! **Red Sail Sports** many locations. **Don Fosters** customized dive, picks up, great rates w/Sergio or Cally, -10%. The following dive operators offer a 6 to 8 diver max: **Living the Dream Divers** Liz & Gary personalize it; **Cayman Turtle Divers**; **Indepth Water Sports**-fast Navy Seal boats; **Off the Wall Divers**-full valet; **Deep Blue Divers**; **Neptunes**; **Epic**-big boat small groups; **Cayman Dive Shuttle**-flexible. **Cayman Executive Divers** custom 6 pack max. **Divers Down** 15 year pros, **Wall to Wall** uncrowded & unhurried. **Cayman Marine Lab** - eco-diving w/marine biologist.
- Rent Dive Equipment** at Divers Supply or at Eden Rock.
- Best Dive Sites**—note: North Walls considered best.
✓ Babylon, Julie's Wall, Devils Grotto, Snapper Hole, Trinity Caves - off the north end of 7MB.
✓ Go to passengerpicks.com for more dive sites.
- Best Snorkeling** - Eden Rock, Sunset House, Cobalt Coast, Light House Point Turtle Reef, Smith Cove beach, Treasure Island Beach, Rum Point, Pirates Inn, Cemetery Reef, Governor's Reef, Cheese Burger Favorite Cayman Snorkel site: snorkelblog.tumblr.com

Fishing:

- Real Esea Charters** - offers deep sea fishing as well as inshore and offshore reef fishing. **10%off**
- Cayman Private Charters** - deep sea & night fishing.
- Captain Marvin's**—deep sea or reef fishing.
- Captain Herman** \$125CI/person 4 hrs, call 917-3779



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Best VALues:

- **Guy Harvey's** - \$9.99 meals all year long. Order a dinner course Sat/Sun & get 2nd entrée for \$1.
- **Tortuga Rum Cake** best price at Tortuga Rum stores w/Cayman Activity Guide 11% off coupon.
- Supermarkets **Hot Food Bar** at **Kirks Foods** and **Fosters Foods** for a quick, reasonable take out.
- Best affordable ocean view **Alfresco's** (West Bay); **Over the Edge** (north side), **Light House** \$9.99 pasta lunch.
- **Italian Kitchen** – (east end) family friendly, great food.
- **Heritage Kitchen** - West Bay great fish very reasonable
- **XQ's** – ½ off selected pizzas 3-6p, Thurs 2nd burger free.
- **Cobalt Coast** - Sunday Brunch all u can eat \$14.95.

Top Dining:

- **Copperfalls** - amazing service. Best steak you'll ever put in your mouth. Bartender Sergio: best on island.
- **Osetra Bay** – Romantic, delicious waterfront dining. New Austrian chef. New kids menu. Ask for James. **10%off.**
- **Agua Restaurant** - Best seafood, superb ceviche, Tuna Tartar delicious. 2012 Taste of Cayman Winner! **10%off.**
- Best French: **Guy Harvey** - French strongly infused w/Caribbean. Chef personally selects fish daily. **10%off**
- **Tukka** – A mixture of Caribbean/International dishes with an Aussie fusion twist. Dine on ocean front balcony or on beach.
- Best Italian: **Casanova's** - awesome waterfront dining, new pizza oven, family friendly, ask for Tony.
- **Pappagallo** - Outstanding service and great Italian food!
- **Ragazzi**—loyal following-voted best pizza.great Italian-**10%**
- **la Dolce Vita** – most authentic Italian cuisine, ocean view.
- **Luca** – Everything made fresh from breads, to pastas, to desserts. Has best wine selection on island. **10%off**
- **Michael's Genuine** Great food, best lionfish, fabulous farm to table! 2013 Taste of Cayman Winner! **10%off**
- **Ortanique** – Caja China Island Pig Roast, **10%off**
- **Deckers**- All you can eat Lobster every Tuesday night!
- **Lobster Pot**- favorite fish & lobster, lunch specials, unique conch fritters, fab ocean view. Now open!
- **Grand Old House** – fabulous food, music every night.
- **Cracked Conch** - Great West Bay fine dining, awesome sunsets, excellent conch chowder.
- **The Wharf** - great seafood w/awesome view, tarpon fun!
- **Lone Star** – certified Angus sirloin steak, tasty Tex-Mex, great value, family friendly, super happy hour.
- **Waterfront Urban Diner**—Fabulous Family Menu. **10%off**
- **Mitzu** – fabulous Asian bistro bar, Camana Bay, **10% off.**

- Best Sushi – **Karma** - yummy nitrogen berry ice cream!
- Best Oriental: **Bamboo Chop Sticks** (East End) **10%off.** Also **Canton** – 7MB tasty w/family friendly pricing.
- **Agave Grill** - best Mexican, Tequila shrimp quesadilla!
- Best Indian – **Southern Spice** – authentic Indian. Sea Harvest restaurant at **Sunset House.**
- **Brasserie** - favorite local farm to table cuisine.
- **Periwinkle** – outdoor movie for kids, authentic Italian.
- **Calypso Grill**– good seafood, crab cakes, sticky toffee.

Best Breakfast:

- **Cafe del Sol**-best coffee & internet café, great sandwiches
- **Cimboco** - 5 items for \$5 special. **10% off** non specials.
- **Coconut Joes** - Best hash browns on island.
- **Eats** - family friendly. Good value.
- **Icoa** - great local breakfast experience!
- **Lauren's**—fab crepes & eggs bene St.George w/crabcake.
- **Treats** - Best French toast, superb pancakes.
- **Waterfront Urban Diner**—Portobello bene, Huevos -**10%**

Best Brunch:

- **Agua** —Outstanding Sunday brunch. Fresh, cold buffet w/lots seafood, hot buffet, champagne or Bloody Mary.
- **Osetra Bay** Famous Sunday English Roast Outstanding!
- **Guy Harvey** - Has an awesome authentic local Caribbean brunch at a great price. Georgetown.
- **Luca** – A great Sunday choice. Beach views. More breakfast-type foods, with a more intricate menu.
- **Tukka** - east end brunch has really taken off, lionfish tacos
- **Westin** - always a favorite, continues to wow the crowds with their famous brunch. Outstanding!

Best Lunch:

- **Abacus** - A Camana Bay favorite, food is fab! Great lunch.
- **Bread and Chocolate** - great vegan, 100% plant based, ask for their Angus Beet Burger.
- **Dukes Seafood and Ribs** Get their Steam Pots! **10% off.**
- **Lauren's** – best food, all dishes house made, great fish and super desserts. Great prices. **10% off.**
- **Macabuca** – snorkel/lunch it with a relaxing ocean view. Excellent conch, best Fish & Chips on island.
- **Rackams** – best casual, ocean front, family friendly. feed the tarpons. Snorkel Cali Wreck off their ladder.
- **Sunshine Grill** – good burgers & fish tacos, try *Pain Killer*.
- **Tiki Beach Bar and Grill** - Best oceanfront lunch setting, great for families! Seven Mile Beach. **10%off**
- **Upper Crust** - famous Roast beef sandwich & cookies.

Catering for Special Events

- **Chef Lloyd, Mise en Place, Rent A Chef Remy, Treats, Kirk Market, and Tukka** on East End all do the best job.
- Wedding/event planners - **Celebrations, Parfait, Tiki Beach**

Best Deli / Bakeries and Vegan

- Best Deli: **Kirk Market** excellent/fresh! **Bay Market**
- Best Bakery: **Gelato** a must! **Icoa, Treats, Kirk Market,**
- **Upper Crust** - NYC style deli - Camana Bay. Macaroons!!!
- **Treats** – Best cheesecake & wedding cakes & waffles.
- Best Pizza - **Ragazzi; la Dolce Vita; XQ's; Ginos** free deliv.; **Casanova, and Light House.**
- Vegan & Gluten free - **Agua, Bread & Chocolate Cracked Conch, Grand Old House, Guy Harvey, la Dolce Vita, Sea Harvest, XQ's, Jessies Juices**
- **Farmer's Market:** Wed @ Camana Bay, Sat @ Savannah

Local Cuisine:

- **Chicken Chicken** - family restaurant famous for its delicious, Caribbean Wood Roasted Chicken. **10%off.**
- **Champion House, Vivine's, Amelias Kitchen** great local
- **Norma Jean's BBQ** at West Bay dock. Her dad **Chef John's** BBQ at 7MB and east end. Best BBQ sauce.
- **Welly's Cool Spot** - Caribbean take out - George Town.
- **Heritage Kitchen** - authentic Cayman fish fry - West Bay.
- **Da Fish Shack** – fresh Caribbean cooking, inexpensive.
- **Cayman Cabana** - Great local flair direct from fish market

Best Bar & Grill - Happy Hours:

- **KARoo** - popular Sports Bar at Camana Bay! Get their Beef Sliders and Parmesan herb fries! **10%off.**
- **Breezes** – fun countdown to sundown, live bands, **10%off.**
- **Eagle Ray's** – great new sports bar & grill at Compass Point on the East End. Lion fish tacos, salads, burgers.
- **Tiki Beach Bar and Grill** - best Ocean front setting. Great for families and beach fun! **10% off.**
- **Calico Jacks** - beach bar and volleyball, beautiful sunsets, delicious local dishes and entertaining staff.
- **Fidel Murphy's** - best Irish bar and beef stew. **10% off.**
- **Michael's Genuine, Macabuca, Coconut Joe's, Rackams, XQ's, Royal Palms** have great Happy Hours. **Cayman Cabana** has great local flair, sea/mac & cheese.
- **Lone Star** - best Sports Bar & Oldie/Goldie bingo nite.
- **Night Life** – **Elements** (Strand Center-7MB); **O Bar** (Queen's Plaza-7MB); **Karma** (7MB) \$5 Wed martinis.
- **West Indies Wine Company** - Best wine bar/wines!

For more details on everything in this *Fun Fact Sheet* and more, go to www.passengerpicks.com.

Emergencies:

Chrissie Tomlinson Private Hospital: 24 hour emergency facility w/on-site pharmacy, & follow-up wellness. **949-6066.**

Disclaimer: Passenger Picks suggestions are not endorsed by Delta Airlines or Val Kegel, but by frequent visitors to Cayman Islands.